

Unusual Case of Nodular Skin Eruptions with Pregnancy

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Mrs. K., 30 year old female, G4P3L1A0, was admitted in Kamla Raja hospital, Gwalior as a case of FTP with labour pains with nodular eruptions all over the body for the last 6 months. All three previous deliveries were home deliveries. First issue was 4 yrs. female, alive healthy and subsequent 2 issues died at age of 2 yrs. due to some disease. There was history of nodular eruptions in each pregnancy which erupted at 3rd or 4th month of pregnancy and then disappeared after delivery spontaneously within 1-1½ months without any treatment. There was no family history of any skin disease, leprosy, tuberculosis or neurofibromatosis.



Photograph 1 : Mrs Kalawati "Unusual Case of Nodular Skin Eruptions in Pregnancy"

Examination revealed nodular skin eruptions, smooth, painless, rounded about 5mm to 1cm in size, freely mobile in both directions, present all over body predominantly over the abdomen and limbs (Photograph 1). Obstetric and systemic examinations were normal. All investigations (Hb%, TLC, DLC, ESR, Blood group and Rh typing, KT., VDRL, HIV, TORCH, Monteaux test) were within normal limits. Biopsy of nodule showed chronic non specific inflammation.

She delivered normally a female child weighing 2.0 kg on 29.9.96. Nodules started regressing after 1st day of delivery. Patient was observed for 10 days and then discharged when about 25% of nodules had disappeared.